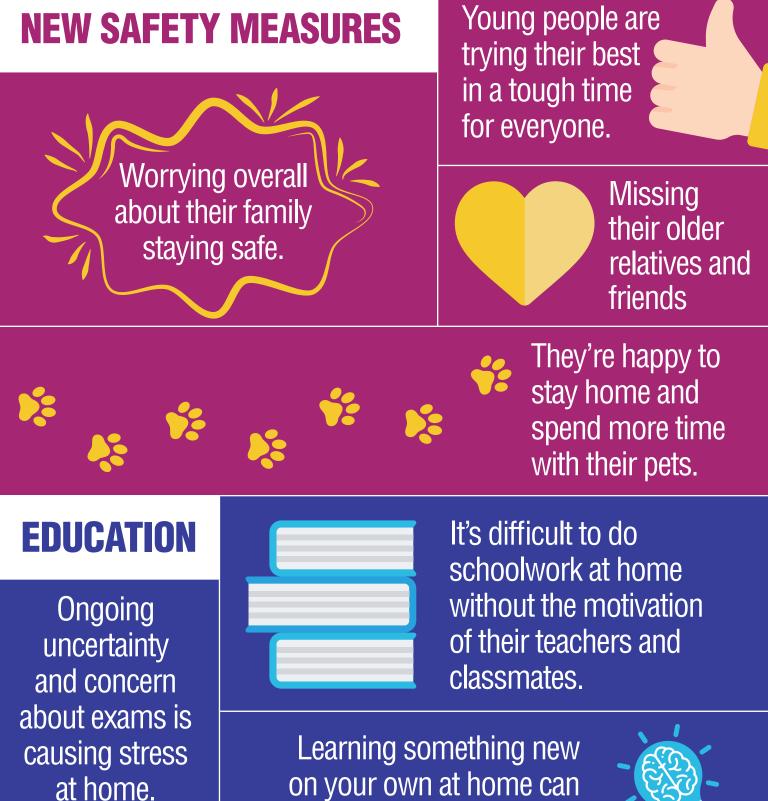
Young People and **COVID-19**



Foróige asked young people all over Ireland how they feel about the COVID-19 pandemic and how they're coping. Here's what they said.



on your own at home can be really hard.







They're worried being out of school for so long could affect their future.

MENTAL HEALTH

Young people feel anxiety and worry can take over when they're not active.



Loss of real

face-to-face

contact with

friends is having

a negative effect

on home life.

They're scared and confused and the lack of clarity they're being given isn't helping.



TECHNOLOGY

Not everyone has access to a smartphone or laptop



In some rural areas poor access to highspeed broadband wifi is making staying connected difficult.

The internet is really slow with everyone at home.

Hard to use family computers with people working from home.

ACCESS TO FORÓIGE

Really enjoying Foróige social media challenges.

Young people glad that Foróige staff and volunteers are still available for them online.

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Can't wait to return to their Foróige club or project safely when this is over.

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Sad to see Foróige events cancelled, but they understand why