

POSITIVE PEER INFLUENCE

WORKSHOP FOR FAB FEB

General Learning Outcome:

Young people will deepen their vision and understanding of positive peer influence and decide how they will create more of it in their club/group

Learning Objective 1

Young people will be able to develop their ideas on positive peer influence and on what it means to them

Method:

60mins

- Review the FAB FEB Information Booklet
- Explain how the idea of positive peer influence came about.

The Reference Panel, which is a national youth representative body in Foróige felt that peer pressure was mainly seen as a negative thing but it could also be a positive thing. They came up with the concept of positive peer influence. Give a simple definition of positive peer influence which is available in the FAB Feb booklet.

- Ask young people reflect individually and recall a time when a friend, colleague or family member etc had a real positive influence on their life. What happened? What was good about it? What effect did it have on you? They share in groups or in main group.
- Group reflect on the question: What does positive peer influence mean to you? They can write on this individually or do a word collage:- put positive peer influence at the centre of a flipchart page and the group write what comes to mind around it
- Young people get into small groups to discuss their ideas of what positive peer influence means to them. They present their ideas using whatever creative media they wish: writing, drawing, art, dance, drama, song, collage etc

The key ideas are summarised and written up.



Learning Objective 2

Young people will be able to develop their vision of what positive peer influence will look like in their club/group and plan to achieve this.

Method:

30 mins

- Discussion and presentation on practical ways that build positive peer influence such as TAB Time, Charter of Rights, Celebrating our strengths, buddy system etc (see booklet)
- Group work discuss the following questions (one group or small groups):
- If we had the best possible positive peer influence in our group/club what would it look like? What would be happening?
- They write up their ideas on a flipchart
- They then decide the actions they will take in their group to achieve this vision.

Note: Groups are doing a lot already. They should use the template on Page 3 of the FAB FEB booklet to assess their current strengths and weaknesses. They can then think of new ways of achieving the vision

- Identify first steps the group will take.

