



06-07

Annual Review



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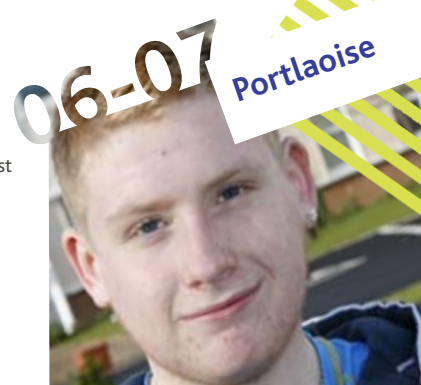
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Edited by Niamh Cremins
Communications Officer, Foróige

James Graham, Chairperson of Danaaron Foróige Club, Portlaoise, Co. Laois

Do you think Foróige is a good thing?

"Foróige gives young people something to do. There's very little out there so usually people just hang around the street or stay home. The club gives you a place where you can meet up with your friends and have fun. You also get to work on really cool projects that I probably would never have thought of doing outside the club."



About Foróige, National Youth Development Organisation

Foróige is a leading national voluntary youth organisation engaged in youth development and education. It is an organisation infused with values which form a rich philosophy of human growth and development, a philosophy based on a belief in the dignity and creativity of each individual person. The fundamental purpose of the organisation is to enable young people to involve themselves consciously and actively in their own development and in the development of society.

Foróige, National Youth Development Organisation, provides a comprehensive range of youth work services through the operation of Foróige Clubs, Local Youth Services, Local Youth Development Projects and Youth Information Centres. This multi-pronged approach enables the organisation to meet the developmental needs of young people in general and in particular circumstances to focus on vulnerable young people with specific needs.

Foróige Clubs

The Foróige Club is the basic unit of the organisation and consists of young people between the ages of 12 and 18 years and adult leaders, in a ratio of approximately 10 to 1. There are 400 Foróige Clubs in Ireland, each of which is "owned" by its members. The Foróige Club enables young people to experience democracy at first hand through the election of their own club committee and the management and operation of the club in co-operation with their adult leaders.

Local Youth Services

These are locally based and enable their communities to foster youth development. They provide general youth work services to, and promote the development of, the various voluntary youth organisations. They also provide specialised services to vulnerable young people. Foróige operates three such Services: Tallaght Youth Service and Blanchardstown Youth Service in Dublin and West Limerick Youth Service.

Youth Information Centres

These Centres provide a free, confidential information service to young people and adults on a wide range of youth-related topics. Foróige operates four such Centres. These are located in Tallaght and Blanchardstown in Dublin, in Donegal Town and in Castlebar, Co Mayo.

Foróige operated Local Youth Development Projects

These concentrate on the provision of specialised services directly to specifically targeted young people. They assist young people in developing confidence and communication skills and foster participation, collective action and the voluntary activity of young people within their communities. Foróige operates 100 Local Youth Development Projects, located in 14 counties around Ireland, in both urban and rural settings.

Big Brother Big Sister

Foróige hosts Big Brother Big Sister programme in Ireland. This is a one-to-one mentoring programme that matches an adult volunteer with a young person. The basic idea is that a friendship will form between the young person and adult volunteer that will promote the positive development of the young person. Based on the success of the pilot programme in the west the programme is being extended nationally.

Structure of the Organisation

National Council / Executive

Foróige is governed by a National Council which determines its policy, and controls all business and affairs carried out by, or on behalf of the organisation. The National Council meets at least twice a year. It is made up of one Club Leader for each county where there are Foróige Clubs and four Reference Panel members. The National Council elects, from among its Members, a National Executive which meets regularly and is accountable to the National Council.

The Reference Panel

At Regional Conferences – held in 11 designated regions throughout the country for Club Chairpersons and Secretaries – 22 members are elected to form a Reference Panel. This Panel meets twice yearly and is designed to give members a direct input into the running of the organisation at national level. Four members of the Reference Panel are elected to the National Council.

District Councils

Foróige Clubs in a particular area may, with the approval of the National Council, form District Councils. Each Club may appoint two voting delegates to sit on the District Council. The functions of the District Councils include: exchanging ideas; co-ordinating and stimulating the activities of the Clubs; helping in the formation of new Clubs and making representations to the National Council and National Executive on matters relating to Foróige.

Management / Staff

Foróige employs a full-time professional staff to assist and enable communities and voluntary youth workers in their youth work endeavours, and to work directly with young people as necessary and appropriate. The Organisation employs a total of 188 staff.

Anne Whelan, Secretary of Monamolin Foróige Club, Gorey, Co. Wexford

Do you think Foróige is a good thing?

"Our club nights are really cool. We hang out and have fun, which is great but its not all playing pool and chatting, we work on loads of projects that help improve our community. We decide what to do and how to do it so we are really committed to every project we undertake."



Foreword

by the Minister of State with responsibility
for Youth Affairs, Seán Haughey, T.D.



It is a great pleasure for me to provide the foreword to Foróige's Annual Review 2006-2007. As the Minister of State with responsibility for Youth Affairs, I wish to commend Foróige on its valuable work. Since taking office in December 2006, I have been very impressed by the contribution that youth work makes to the lives of so many young people and believe that the continued support of existing youth work programmes and activities is central to ensuring a quality youth service. I have also been impressed by the committed manner in which Foróige meets the challenges of modern youth work, both in urban and rural settings. Indeed, one of the strengths of Foróige is its continued commitment to adapting and developing its programmes to suit the changing needs of young people. I believe that this benefits your young members, your organisation and most importantly, society as a whole.

I have also been impressed by the partnership approach adopted by the various youth work interests, something that even in my early days as Minister for Youth Affairs I have recognised as being central to the development of coherent and relevant youth work policy. I feel that this is an exciting time for youth work in Ireland. The strategic planning and creative thinking of the past few years is now bearing fruit. There have been many changes and developments not least of which are the Youth Work Act, 2001 and the National Youth Work Development Plan which together are the foundation and catalyst of our work.

Much progress has been made in putting in the foundations at local level for the progressive roll out of the Youth Work Act including the appointment of Youth Officers to the VEC sector who will carry out the functions of the Act locally. I believe that this is a positive step in the development of a coordinated youth work response to local needs in which Foróige and its clubs will play an important part. I am confident that 2007 will be a pivotal year at local level. In addition, much of the painstaking groundwork on guidelines and criteria necessary for further roll out of various elements of the Act is nearing completion. The coming together of these two stands of work this year will make the further implementation of the Act a reality at local level.

Another important aspect is the area of financial support. I am delighted that resources available to the youth sector through my Department have risen substantially from € 26 million in 2002, to € 51.26 million in 2007. This highlights the commitment of my Department and the Government to supporting the work of the sector.

On the subject of financial resources, in 2007 I intend to focus on the continued consolidation of existing services including those provided under my Department's Special Projects for Youth Scheme and the Youth Service Grant Scheme. The establishment of a National Youth Work Development Unit in National University of Ireland, Maynooth is also a priority for me and my Department in 2007.

On a general note, I am looking forward to working with Foróige and its members and I would like to assure you of my commitment to your work and to our young people. I look forward to continuing the partnership approach with all youth work interests in the development of appropriate and relevant youth work policy which ultimately results in a positive impact on the lives of our young people.

Finally, I would like to take this opportunity to thank and congratulate the staff and volunteers of Foróige. The successful development of young people involved in Foróige and its activities is due in no small way to the dedication and commitment of all those who act as mentors and who work continuously to meet the needs of our young people. A special note of thanks is due to the volunteer members who together with staff, have met the many challenges presented to them and have continued to lay a firm foundation for the future development and progress of Foróige.

Go n-éirí go geal libh sa bhliain atá amach romhaibh

Seán Haughey, T.D.,
Minister for Youth Affairs

Chloe Walsh, Secretary of
Curry Foróige, Curry, Co. Sligo

Do you think Foróige is a good thing?

"I love being in Foróige. You get so many opportunities to do things that you never would have done otherwise. My best moment this year was definitely being an MC at the launch of the permanent tsb Foróige Youth Citizenship Programme. I spoke in front of loads of business people and ministers and although I was nervous I had confidence in myself to pull it off."



Billy Freely

Chairperson of National Council of Foróige,



I'm delighted to have this opportunity to reflect on my first year as Chairperson and the many great achievements of Foróige in this time. With 2006 came new staff, new initiatives and new partnerships, which open Foróige up to new and exciting opportunities in Youth Work. The innovative strides taken by the organisation are continually generated by the young people who play such an important role in the organisation. By listening to young members we are better able to meet their needs and enable them to meet the needs of society.

I have been a leader for almost 30 years and I have seen first hand the benefits that being in Foróige brings to members. I am convinced that these benefits increase with age and the longer young people remain the more opportunities they have. Older members can do more, exercise leadership more, and learn more. With increased time in their Foróige club, older members develop their interpersonal skills and distinctive talents. As mentors to the younger members they are already role models in their communities and are learning lifeskills that benefit them both now and in the future. It is a challenge for all of us, leaders, members and staff to design activities, learning opportunities, events and programmes that capture the inner idealism of the older member, that taps into their idealism and desire to put their mark on society. It is gratifying to see that the Reference Panel also identified this as a challenge for Foróige.

Citizenship is the backbone of Foróige. It is one of our eight education programmes and the one that most easily reflects the philosophy of the organisation. It enables us to empower the young people we work with and gives them the platform to enrich the communities in which they live. It is based on our belief that every young person can make a real difference to the world around them and contribute something important to their community.

For these reasons I am delighted with the new and exciting partnership we are embarking on with permanent tsb. This has the potential to develop and grow the Citizenship programme through the organisation and beyond. It has the potential to showcase the goodness and generosity of spirit of young people that we in Foróige know and recognise on a weekly basis. It is certainly going to make life in Foróige exciting over the next few years and I for one am greatly looking forward to it. This programme will also bring on stream more volunteers from within the permanent tsb ranks.

I want to take this opportunity to thank our many leaders who form the foundation on which Foróige is built. The development of smaller regions and appointment of additional regional youth officers over the past year ensures more support for our dedicated volunteers. It is an honour to work alongside all of you and a privilege to call myself a Foróige leader.

Billy Freely
Chairperson of National Council of Foróige

Monsurat Balogun, Chairperson of
City Foróige Club, Tallaght, Dublin 24
Do you think Foróige is a good thing?

"As a member of the reference panel I feel that I can make a difference. We get together and discuss things important to us and adults actually sit up and listen. It is a great feeling to have your opinion valued and have a chance to make a difference on an organisational level."



Sean Campbell

Chief Executive Officer of Foróige



I am delighted to have this opportunity to report on yet another successful year for Foróige. The organisation continues to renew, develop and expand and reach more young people in more communities throughout the country.

Undoubtedly the highlight of our year was President of Ireland, Mary McAleese's attendance at the Citizenship Awards in November. President McAleese has been highly involved in promoting active citizenship and she bestowed a true honour on the organisation when she said, "If you really want to see active citizenship then just look around you here tonight."

The Citizenship Programme has been a central part of what we do in Foróige and we are continuing to develop it through all sections of the organisation to enable more young people to make a difference in their communities. To this end we were delighted to launch the permanent tsb Foróige Youth Citizenship Programme and Awards in January. This will be an integral part of the organisation over the next three years. We are excited that one of the countries' leading companies has decided to become an active partner in developing this education programme. This significant investment in youth work and in Foróige includes substantial funding and marketing and public relations support. permanent tsb also intend to develop a volunteering policy which will encourage staff to get involved in the Foróige organisation. It will help us to promote our purpose and vision for young people and demonstrate the work we do with young people on a weekly basis to a wider audience. It will help us to enhance the profile of Foróige and showcase the work of volunteers, staff and young people the length and breadth of the country. We will take this unique opportunity to show that Foróige has always been to the forefront of active citizenship in Ireland.

The recruitment, training and support of voluntary adult leaders to enable young people to involve themselves consciously and actively in their own development and in the development of society remains our greatest challenge. Volunteering to work with young people is not easy. It involves the sacrifice of valuable time, a large amount of dedication and skill and a lot of patience. The involvement of sufficient suitable volunteers in Foróige clubs and in Foróige projects and services is always a challenge and last year our

club numbers fell for the first time in a few years. We need to work creatively to ensure that young people have the opportunity to work, learn and develop side by side with committed adults from their communities. We need to ensure that Foróige club numbers grow again and we are looking at new, innovative lead models to attract more adults and young people and achieve our purpose.

The number of projects we operate continued to grow in 2006. Twelve new ones were established in nine different counties. They include Garda Diversion projects, Youth Cafés, teen parenting and drug education programmes. They add to the rich mix of work that is Foróige and help us to contribute in a meaningful way to solving some of the major issues facing young people in contemporary Ireland.

2006 will be regarded as a historic milestone in the development of Big Brother Big Sister in Ireland. The programme has attracted significant funding from two of Ireland's largest philanthropic organisations. This funding for an ambitious five year plan to extend the programme on a national scale will enable us to make mentoring an integral part of the youth work sector. We have set up a management structure within Foróige to oversee the national rollout and are already operating in seven counties. Over the next five years we aim to create 5000 matches and to have 2000 matches a year operating by 2011. As part of the strategic plan we have commissioned the National University of Ireland, Galway to undertake extensive evaluation, the first of its kind for young people in Ireland, to measure the outcomes of the programme for young people.

I want to thank the leaders, members and staff of Foróige for an excellent year's work. I want to particularly thank the outgoing National Council for their outstanding leadership and dedication. I wish all in Foróige every success in 2007.

Sean Campbell
Chief Executive Officer of Foróige

Shaneen Campbell, Secretary of
Inver Foróige Club, Inver, Co. Donegal

Do you think Foróige is a good thing?

"The leaders in the club are really nice. They always give us support and guidance on the things that we think need to be done. I've gained so much more confidence since joining as the leaders are always there to encourage you. I can stand up and talk in front of a room full of people and it feels great!"



Out-of-School Education for Young People

80% of young people's time is spent outside of school and this provides an opportunity for non-formal education organisations like Foróige to help them to develop the knowledge, skills and attitudes they need now and in the future. Throughout the work of Foróige with almost 400 Foróige clubs, 100 special projects and a network of youth information centres, youth services, youth health cafés and Big Brother Big Sister matches, Foróige volunteers and staff provide young people with the guidance and support they need to get the most from education. Foróige views education in a holistic way and every aspect of how Foróige operates enforces this. For example Foróige clubs, run by the members, enable young people to learn leadership and communication skills, to name but a few, in the running of their formal meeting, and to experience the democratic process first hand in the election of club officials.

We believe in learning by doing and recognise there is a strong need to devise a national strategy for out of school educational services for young people most at risk of educational disadvantage. To this end, Foróige has joined together with a number of professional organisations to develop Quality Development of Out of School Services (QDOSS). The network discusses the issue of Out of School service provision with the view to identifying current challenges and contributing to the development of a national strategy of Out of School provision.

Through Foróige special projects we see the potential to enable young people, many of whom are not getting the most out of their formal education, to learn new skills and develop new or existing talents. One such project is the Tramore Youth and Family Project, which is run in partnership with Barnardos and funded by the Health Service Executive. The project designs and organises educational programmes for children and young people to help them get on better in school and fulfil their academic potential. The project also provides support and guidance to



young people and their families on a variety of issues, such as family and parenting support, personal development programmes and homework support and Staff are currently in the process of setting up a youth health café to provide young people with a caring environment in which to socialise and get involved in different activities. In this way we recognise that education does not just mean understanding mathematics or physics or reading Shakespeare. It is about developing as a fully rounded person who can participate fully in their community and in society in general.

Through our multi-pronged approach Foróige has found the capacity to meet the needs of young people with varied capabilities, from every walk of life. Everyone is unique and out-of-school education helps to nurture and draw out this individuality. Another project, the first of its kind in Ireland, is the Computer Clubhouse in Blanchardstown. The Clubhouse opened its doors in December 2001 with funding from the Intel Foundation and provides a creative and safe after-school learning environment where young people can work with adult volunteer mentors to explore their own ideas, develop skills, and build confidence in themselves through the use of technology. The Clubhouse has been very successful to date having already engaged with over 700 young people. According to one young participant, "The clubhouse is a place where we learn new stuff that can influence the decisions we make for our future. At the teen summit that I was lucky to attend in Boston, I discovered architecture through a programme called Archicad and I have designed buildings, even a model Computer Clubhouse. And of course, the clubhouse is a great place to make new friends" (Austin O'Hanlon, 16)



Conor Murphy, Chairperson
Corofin Foróige Club, Corofin, Co. Galway

Do you think Foróige is a good thing?

"It's cool to see that my opinion really counts. I don't need to wait until I'm older to do something productive and good. I can do it right now. Our community sees all the good stuff we do and they are really proud of the young people."



Volunteer Leaders

A journey of a thousand miles began with one small step. The endeavors of our young people, as members of Foróige, are undisputedly remarkable but it would not be possible without the dedication and commitment of our thousands of volunteers who give of their time and energy on a weekly basis. Being a leader can also be very rewarding as some of our outstanding volunteers explain:



Betty Hennesy has been a leader for the past 21 years. Here she reflects on her time with the organisation. "Following my younger days in Macra na Tuaithe one felt that the present generation were missing out on organisational and community enterprises. Myself and a few others felt Foróige was the answer to

the needs of the local young people. We began with 35 members and were surprised by the demand there was for membership. We have tried to provide an educational and varied programme in the club and guide our youth in the path of good citizenship. Looking back over my 21 years I hope we have succeeded in achieving this goal. The members seem to enjoy the activities, programmes and competitions provided today and the club seems to be on a firm footing thanks to the help of our Youth Officer, John Dennigan. I do believe in the old Irish saying: 'Mól an Oige agus tiocfaidh sí' - Young people respond well to praise and encouragement."

way forward for volunteering is to provide more direct contact from leaders and club members up to management level and to promote the value of being involved in Foróige for young people to parents. For example, the kids would never be as well looked after as they are at Foróige discos. I truly believe parents are at a loss by not having their children in Foróige."



John Sullivan has been a leader for 40 years. John remembers: "I saw an advertisement for Macra na Tuaithe and thought this is really something Cuffesgrange-Danesfort needs so I, along with Joe Dylan and Peter Cullan, decided to push for it and get a Macra club going.

The young people gave

us devils hardship at the start but they learn to appreciate it. You find it's the members who were most contrary are the ones who really appreciated it. I would say to any new leaders don't be disheartened if you don't seem to be achieving anything you are probably achieving more than you imagine." John continued, "You will find the more active members of the club see something that needs to be done and they do it. It's these young people that bring the others along and together they all make the community a better place." John believes that there is a much greater need for Foróige today than ever before because of the many difficult challenges facing young people. "We need to do what ever we can to counteract that." John also said, "I am delighted to see the permanent tsb sponsorship of the Citizenship Programme. This programme always has and should always be pushed in Foróige. There are many examples highlighted of people not being good in their communities but this is an opportunity to highlight all the good that is being done. Ireland is much wealthier now than when I began as a leader but we are much poorer in many other ways. We, as Foróige Leaders have the opportunity to change that. After all it is better to light one small candle than to sit in close to darkness."



Jim Connolly, a leader in Cavan, got involved in his local Killishandra Foróige club because he had two young sons and the club was not thriving as it once had. Jim said, "Young people are brilliant and I wouldn't have had this opinion before volunteering. 99% of kids are trouble free and I understand them more now.

With that has come their respect for me. Young people just need to be understood. We go on cycles and long walks through the forest at night." Last year, Jim spent a week building houses in Capetown as part of the Township Challenge operated by the Niall Mellon Township Trust. Jim said, "all the young Foróige members in Cavan helped to fundraise the €3000 I needed to go. They really worked together and made a real difference". Jim concluded, "I think the

Kerry Sebit Iwa, Secretary of City Foróige Club, Tallaght, Dublin 24

Do you think Foróige is a good thing?

"On our club nights we have great fun playing games and working on projects. We're working on a project about different cultures at the moment as there are members from so many different places. It's great to learn about your friends cultures and get the chance to talk about your own."



As part of her company's volunteer programme **Claire Heery** has become actively involved in her Foróige club as a leader. Claire says, "Volunteering for me is an opportunity to make a difference to the lives of young people in my community. By getting involved I did not anticipate

that I also would benefit from the whole experience. Volunteering is a fun and fulfilling way of sharing your life experiences, talents and

education with others. You get to meet a range of different people all with different personalities, which gives you a greater social awareness and you also get to develop your skills and confidence. You get the opportunity to participate in a wide range of activities. I for one never even dreamed that I would take part in activities such as rock climbing, abesailing, kayaking and body boarding. I am proud to be associated with Foróige in Knocknacarra. The communities young people have benefited immensely from the activities and events they engage in. I am privileged to have met all the very special young people I have encountered so far in my time as a volunteer. You definitely get as much out of volunteering as you put into it. I know I have made a difference to my community being a volunteer just as the volunteering experience has made a difference to me."

In Memory of Seamus Doran

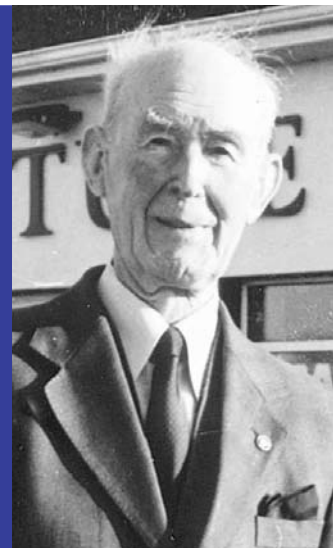
Seamus Doran, the first ever Foróige/Macra na Tuaithe Leader has passed away at the age of 91. We wish to take this opportunity to again offer our condolences to Seamus' wife, Kathleen, his family and his close friends and to commemorate his outstanding work in his community of Mooncoin, Co. Kilkenny.

Seamus was always an active member of his community. In the early 1950s Seamus, with others, conceived of developing a junior arm of Macra na Feirme, which he was very involved in at the time. The result was the first Macra na Tuaithe club meeting on 14th March 1952. This was one of twelve clubs established at the time. The aim was to provide out-of-school, practical education in agricultural science to the young people of Ireland, many of whom were emigrating at the time. Seamus had a vision for a better Ireland and a better life for the young people living here. His vision to help young people help and better themselves was ahead of its time and contributed in no small way to the development of a modern Ireland.

Seamus once said, "I always felt thankful for the opportunities I got and if I could help others in any way to get on in life then I should do it." Seamus achieved his goal and his legacy lives in every volunteer who gives of their time, and every young person who realises their immediate potential to positively contribute to their communities.

Those of us who had the honour of meeting Seamus when he attended Foróige occasions such as the celebration of our 50th Anniversary and at the annual conference in 2002, where he was guest of honour, were in awe of him. Seamus was a lovely gentleman, whose natural modesty masked great intelligence and vision.

Ní bheidh a leithéid arís ann.



Mark Whelan, Chairperson of
Monamolin Foróige Club, Gorey, Co. Wexford

Do you think Foróige is a good thing?

"My best moment so far definitely has to be winning three Foróige Citizenship Awards in a row. It goes to show that all our hard work really pays off and the people of our community really appreciate it. I have great fun in the club and also get to do something important that benefits everyone. It's a great feeling."



Big Brother Big Sister – A Nationwide Vision

Big Brother Big Sister (BBBS) is a mentoring programme that matches an adult volunteer to a young person with similar interests. Foróige brought the international programme, which operates in 37 countries throughout the world, to Ireland in 2001. Initially piloted in Galway, the programme has been extended into Mayo, Roscommon and Sligo over the past two years. Due to the success of the BBBS programme throughout the West, the programme has received funding through private foundations to expand nationally. The first phase of the expansion commenced in October 2006 with the employment of new staff in counties Dublin, Westmeath and Offaly. The programme will extend to Cork and Donegal in the near future and to more counties as funding allows.

Success in the West

The programmes success in Galway has been unmatched to date. Mary Lynch, Operations Manager reports on some of the key achievements of the programme:

"Before I became BBBS coordinator I was a big sister myself. I've been matched to Jumoke Abass for nearly three years now and we still have great fun together doing loads of girly things. We're well matched! Jumoke was 13 when we were matched and now she's almost a woman. I have seen the positive results first hand in terms of the development of young people involved and believe that through the BBBS programme volunteers nationally will be a powerful resource in supporting young people in their local community. I am not alone in my enthusiasm for the programme and I can see this enthusiasm grow as new volunteers come on board and matches are made. I will be working from the newly established National Headquarters in the Westside Community Resource Centre, Galway alongside, National Manager, Paul Tannian, two Project Officers, Claire Fox and Mairead Ni Laoi and Administration Officer, Kate Cameron."

Fundraising for Big Brothers Big Sisters of Bulgaria

'Bigs and Littles' were very busy in a huge effort to raise money for Big Brothers Big Sisters of Bulgaria! In the run up to Christmas, Bigs and Littles spent two months making and selling fabulous Christmas Cards. Also during Christmas week, Bigs and Littles in Galway endured the freezing cold December weather and sang Christmas Carols on Shop Street for four hours. In Sligo, Bigs and Littles did decorative glass paintings and sold them to family and friends. Overall BBBS in Ireland raised €750 for Big Brothers Big Sisters of Bulgaria.

Big Brother Big Sister School Programme

The school programme, in which first year students are matched with fourth year students to ease the transition from primary to secondary education, has gained outstanding support and interest in the West, with 130 Matches already underway. The BBBS School programme now operates in Davitt College in Castlebar, Mount St. Michaels Secondary School in Claremorris, Ballyhaunis Community School, Elphin Community College, CBS in Roscommon Town, and Móinín na gCíseach Community College in Galway.

In Mayo the school programme, in operation since 2002, has been a huge success. Davitt College is just one of the schools to have a BBBS programme in place and now has 50 students in 25 matches partaking. Bernadette Rowland, the BBBS link teacher in Davitt College stated, "Mentoring has greatly enabled first year students to settle in with ease to their new school environment. They are better able to cope with new subjects and make new friends. The programme has also provided valuable leadership training and experience for our Transition Year students. It has generally boosted their confidence and helped them develop communication skills and improve their social competency. Mentoring has also helped to identify students who may have learning difficulties or social problems early on and overall has had a very positive impact on the school community and school life."

Conor Kavanagh, Chairperson of Durrow Foróige Club, Tullamore, Co. Offaly

Do you think Foróige is a good thing?

"Foróige gives young people an alternative to just hanging about on the streets. There are lots of sports Clubs in the area, but if you are not into sports or if you fancy something different, then Foróige is a great thing to get involved in. The members run the Club, so that means that we choose what we do ourselves and aren't pushed into doing activities that we aren't interested in."



Big Brother Big Sister Research and Recognition

BBBS School Programme – A model of Best Practise

The Irish Association of Pastoral Care in Education, a network of over 400 schools seeking to support teachers, parents and students to develop the best environment for learning, recognised the Big Brother Big Sister 'School' Programme as a model of best practice for "ensuring students new to our schools are welcomed and supported across a difficult transition on their educational journey." Dedicated BBBS staff provide continuous support to volunteers and make every effort to facilitate students. Huge emphasis is placed on making the programme enjoyable and stimulating for everyone.

BBBS Ireland National Research and Evaluation

Foróige has commissioned the Child and Family Research Centre at NUI Galway to conduct extensive evaluation on the Big Brother Big Sister programme in September 2007. This research, the first of its kind for a youth programme in Ireland, will be a hugely important undertaking for the BBBS programme. It will be overseen by an expert panel of academics, including Professor Mark Dynarsky, Mathematica, Professor Jean Rhodes, University of Massachusetts, Professor Sharon Ramey, Deoragetown University, and Professor Daniel Russell, Iowa State University. The research will build on the analysis carried out on the pilot phase, 2001-2004, which concluded that the programme is culturally appropriate, well integrated into local structures and highly valued amongst young people, parents, volunteers and staff.

Match Profiles - The real mark of the BBBS programmes success is in the stories of our very own Bigs and Littles.

Siobhán Conlon and Dearbhla Shannon

Siobhán heard about the programme from a friend and decided to check it out for herself. She's been matched with 14-year-old Dearbhla for the past 3 months and they meet once a week. Siobhán said, "It's turned out brilliant. We're matched about three months and we meet once a week. The matches are done so well that we've lots in common, so we really are a good match. We are both into music and dance and are open to other activities that come our way."

William Mackey and John Whelan

William and John were matched in 2004 through Westside Neighbourhood Youth Project, Galway. They enjoy hanging out together and also taking part in the group activities that are organised in Galway. William said, "I like my big brother because he's fun to talk to and I enjoy the things we do together... going for spins, hurling, golf...."

Danielle Griffith and Pauline Higgins

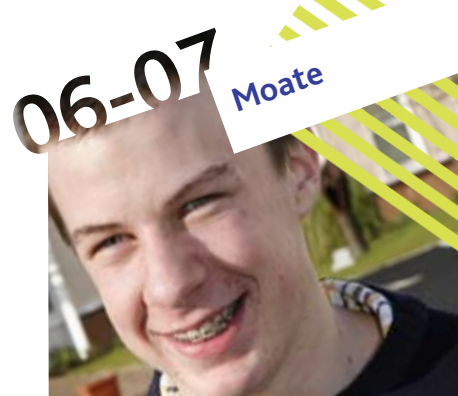
Danielle and Pauline, matched almost one year, are looking forward to celebrating their first 'anniversary' in March. Both Danielle and her Big Sister, Pauline, have gained a lot over the past year. Danielle said, "What really grabbed my attention was the simple idea of having someone to hang out with... to do new things and to have fun." Pauline has also found the programme hugely rewarding: "Getting involved in Big Brother Big Sister has been one of the best decisions that I have ever made. Danielle is brilliant to be around. She is such an outgoing and energetic young person, and spending time in her company is always an enriching experience."



Pádraig Heavin, Secretary of Mount Temple Foróige Club, Moate Co. Westmeath

Do you think Foróige is a good thing?

"I've been a member of the reference panel for the past two years and I was elected to the National Council and National Executive last year. The experience has really shown me that we can have an impact. We're currently doing a project for our local GAA club, who asked us to work on a history of the under 18s team."



M.A.D.E Youth Conference - Hearing the Voice of Young People

M.A.D.E is a cross-border youth project run in partnership between the Foróige operated Monaghan Neighbourhood Youth Project and Armagh and Dungannon Adolescent Partnership. The project is supported by Border Action under the E.U. Peace II programme and part financed by the National Development Plan. The aim is to provide programmes promoting active and positive citizenship by challenging sectarianism and anti-social behaviour.

Project workers, Lisa Gillespie and Helen O'Neill, have worked with over 200 young people from marginalized communities since the projects establishment over 2 years ago. In June 2006 staff from the Armagh and Monaghan offices worked together with 6 young people to organise a youth conference for young people with the theme, 'Life across the border.' The purpose of the conference, attended by 45 young people, was to empower young people from both sides of the border to express their views on whether or not a divide actually exists.

Helen O'Neill explains, 'Life across the border' was explored through art, drama, song-writing and dance. We began by dividing the young people into 'funshops' to explore the issues and followed up with workshops exploring the border themes. The young people discussed their knowledge of people from Monaghan/Armagh, and their perceptions of them. They also discussed hobbies, cultural differences and similarities, and how youth projects like M.A.D.E can meet their needs.'

Results and Recommendations

The conference found that it was normal for young people to travel across the border for activities such as swimming, discos, shopping, football, holidays, buying petrol/diesel, or to meet boys/girls. A small portion from Monaghan said they "don't go north" but the majority perceived Armagh and Monaghan as being in the same country, stating "They are both in Ireland and only 16 miles apart."

Differences discussed included knowledge of the Irish language, accents, currency, a sense of style, religion, schools and how the police are perceived. Similarities identified included speaking the same language, similar interests, food and sports. While differences were perceived across the border the majority felt that the differences were superficial and Northern and Southern counties are quite similar on the whole.

Young people from both sides of the border saw similar service inadequacies. There is a need for better discos, shops, youth clubs and youth information centres and improved health services and employment opportunities for young people.

The Way Forward

The majority felt that youth projects like M.A.D.E could meet their needs by bringing young people together from both sides of the border, organising trips and giving them a place to 'hang out.' Some new ideas for programmes included more group discussions and debates as well as sports tournaments, drama, cultural awareness projects, musical experiences and summer schemes for over 15s.

Helen said, "Getting our young people involved, actually listening to their ideas and opinions is the way forward. The ideas that emerged from the youth conference are new and exciting and I look forward to implementing them over the next year."



"All the clubs in Mayo are doing 'Foróige Vision' at the moment which is basically our take on the Eurovision. Each club was given a country to sing about. I'm really excited about it. Interclub events like this really give you the chance to meet new people and make new friends."

The Tale of Three Cities was developed from a need to challenge negative stereotypes and present the Citizenship and Culture Programmes, two of Foróige's 8 education programmes, in an innovative and dynamic way. The programme linked two garda youth diversion projects from Dublin, dán and DIME, and two projects from Cork, one a garda youth diversion project, Ballincollig Action Project (BAP) and Ballincollig Youth Initiative (BYI) funded by the drugs task force. The programme aimed to broaden the horizons and perceptions of young people in these communities by getting them to experience their own community, the communities of the other participating groups and the cultures of a different country.

A large group of approximately 30 people, including students and staff, are posing for a group photo in front of a building entrance. The group is arranged in several rows, with some individuals standing on a small set of steps. They are dressed in casual summer attire, such as t-shirts, tank tops, and shorts. The building behind them has a light-colored facade and a dark doorway. The overall atmosphere is cheerful and organized.

A group of people, mostly young adults, are wearing yellow hard hats with headlamps attached. They are standing in a dark, cave-like environment. Some are looking towards the camera, while others are looking away. The lighting is dim, with the primary light source being the headlamps.

A photograph of four young women standing outdoors in front of green foliage. From left to right: the first woman wears sunglasses and a pink top; the second wears sunglasses and a light blue top; the third wears a pink top; and the fourth wears a blue top. They are all smiling at the camera.

A group of four students, three men and one woman, are posing for a photo on a construction site. They are all wearing yellow hard hats. The man on the far left is wearing a brown t-shirt and yellow work gloves, pointing towards the camera. The man next to him is wearing a white t-shirt under a blue jacket. The woman in the center is wearing a yellow t-shirt and a lei made of colorful flowers. The woman on the far right is wearing a pink t-shirt and a backpack. They are standing in front of a construction site with a large building under construction and a mountain range in the background.

Wayne Lambe, 16, said "the best thing was meeting people from different counties and countries, even from the north side." Another eager participant, Robert Hand, 15, already has plans for next year. He claimed, "That was super, can we do it again next year?"

Stephanie Gallagher, Secretary of Lisacul Foróige Club, Castlerea, Co. Roscommon

Do you think Foróige is a good thing?

"Foróige has really made a difference in Castlerea. It brings all the young people together and it allows us to show our community that we can do great things and really contribute to the area. We're often asked to help with fundraising or events, which gives you a sense of purpose. There's always something to do."



A Young Perspective:

The Views of Foróige's Reference Panel

The Foróige Reference Panel is made up of 22 Foróige Club Chairpersons and Secretaries, democratically elected at Regional Conferences all over the country. The main function of the Reference Panel is to make recommendations on the future development of the organisation at national and local level. At their first meeting four of the group are elected to the National Council of Foróige.

This year's Reference Panel met for a weekend on the 9th – 11th February 2007 in Emmaus Retreat Centre, Swords, County Dublin. This year's Reference Panel focused on two key questions with regards to the future development of the organisation:

- How can we get more young people involved in the Citizenship programme?
- How can we retain and meet the needs of older teenagers?

The Reference Panel engaged in their discussions and deliberations with great gusto and enthusiasm. The following is a summary of their ideas.

Involvement of Young People in the Citizenship Programme

The Reference Panel put their heads together to come up with ways of involving more and more young people in the programme and in taking an active part in their community. Overall they felt that many members had little or no knowledge of the Citizenship programme and that a massive campaign was needed. They made the following recommendations:

- District Councils to involve experienced members and clubs in promoting the programme and presenting citizenship projects they have carried out.
- Members and leaders of clubs who have carried out citizenship projects to visit other clubs and speak about their experiences
- The citizenship video to be sent to all clubs and projects
- More feedback from young people who can describe what they gained from participating.
- More opportunities for young people to present their ideas/ make programmes on local radio/television regarding issues of interest to them and the community.

- More training for leaders and staff on how to carry out a Citizenship Programme in a club/project.

Involving Older Teenagers

The group discussed the issue of retaining older teenagers in the club. The Reference Panel felt strongly that older members (over fifteen) needed to feel that they had "graduated" to some level in the club and that they were advancing to something more challenging. They needed their own special activities. They did not want clubs to be split up between the two age groups but rather a special section within the overall structure for the older teenagers. They also wanted special activities/courses at county level. They identified the appeal of written certification or acknowledgement of the skills and development they acquire in Foróige that could be used in a C.V.

The Reference Panel felt that such a progression to 'older member' would not only give great satisfaction to older teenagers but would also be an incentive for younger members to remain in the club until they reaped the benefits of being an older member.



Gráinne O'Connell, Secretary Abhabog Foróige Club, Newbliss, Co. Monaghan

Do you think Foróige is a good thing?

I've been a member for the past three years and I can see the difference being an older member now. You're in a better position to voice your opinion and be open about your ideas. I've really grown and I'm so much more confident.



Staircase Foróige Club – Bridging the Cultural Gap

Ireland, once identified with famine, strife and migration, has become one of the richest countries in Europe. With this wealth has come increased immigration and the emergence of an intercultural society. Over the past five years Foróige has been working towards integrating these new members of the population and in turn learning about different cultures.

While many members of ethnic minority groups have successfully integrated into Irish society by finding work, accommodation and acceptance, others have not been so successful. There has been an increase in recent years in the number of unaccompanied/separated young people. These are young people under 18 years seeking asylum who arrive in the country without a parent or guardian. These young people are taken into the care of the state and often feel isolated in a strange country. The Staircase Foróige Club was established in July 2004 to support some such young people, housed in The Staircase hostel in Dublin City Centre, a hostel run by the Health Service Executive. The residents, from a host of different countries, including Ethiopia, Somalia, Iraq, and Romania, form the club's membership. Andy Neary, Regional Youth Officer for South Dublin spoke to Bukasa Mukalenga, a leader in the Staircase Foróige Club about his experiences over the past three years.

Why did you become involved in the club?

"I like to work with young people. In Congo, where I am from, there are similar clubs in operation. The lads in the Staircase would have similar interests to the lads in the clubs in the Congo."

What needs does the club fulfil for the young people?

"They lack role models and I feel, along with Johnson (another leader in the club), they can come to us for advice and support to help them achieve solutions to their problems."

Has being involved in Foróige helped you to settle in Ireland?

"I have benefited in many ways, like getting to know all the different cultures and mindsets of people all over the world. I also feel the different training I have received has helped me greatly with my English and with my patience to understand. I'm a more effective

leader and better equipped to solve problems. Definitely, the biggest thing I have gained is friendship. Although lads move in and out of the Club on a yearly basis I still have direct contact with them.

What do you feel you have brought to Foróige in your work as a volunteer leader?

"I feel I give leadership to the lads and confidence that they can rely on me to help them out within the club and also as a friend outside the club. Before I volunteered I was a small bit impatient but being part of Foróige has enabled me to develop and be a more relaxed person when I express my opinions to others."

Would you like to see clubs for separated young people integrated more with other clubs?

"Well, we do integrate with other clubs in the South Dublin District Council. Currently the lads in the Staircase club go every month to a non alcoholic disco in Wesly, which they really enjoy as they get to meet different people from around Dublin."

What have been your favourite moments since becoming involved in Foróige?

"I really enjoy talking to the lads and playing football and especially attending the annual conferences in Athlone and Cavan. The conference is a celebration for all the volunteers and even though the organisation is very big I found all people very happy to do the same kind of work as me. Also I really enjoyed the sing song at the end of the night!"

Andy explained, "Bringing all of the cultures that now make up Ireland's population together for a common purpose helps society to embrace all cultures and enriches our lives."



Carly Daly, Secretary of Outrage Foróige Club, Co. Waterford

Do you think Foróige is a good thing?

"The club nights are so much fun and I've learned loads. I have the confidence to stand up and talk in big groups and I've realised that I'm capable of a lot of things I never thought I would do. I've met loads on interesting people from different countries and found it really interesting to learn about their cultures."



The National Foróige Citizenship Awards 2006

Excitement doesn't come close to describing the atmosphere that filled the Great Hall in the Royal Hospital Kilmainham last November as award winners, supporters and invited guests awaited the arrival of President of Ireland, Mary McAleese. Eight Foróige Clubs and two Projects were honoured at the National Foróige Citizenship Awards 2006 for their outstanding work demonstrating active citizenship in their local communities and further afield.

Guests were entertained by snappy speeches and clever poems by the award winners and the samba stylings of the Ballyshannon NYP Samba Group. The Awards, sponsored by the Wrigley Company, are open to Foróige's 400 Clubs and 100 Projects nationwide. With numerous Clubs and Projects making submissions for the award competition was very high, showing that our communities really can thrive with the help of our young people as active citizens.

Citizenship is at the very core of what we do every day in Foróige and is a key component of the organisation's purpose – *to enable young people to involve themselves consciously and actively in their own development and in the development of society*. The Citizenship Programme empowers young people, it enhances their human development and it enables them to realise that they do have the power to make a difference in the world in which they live.

And the winners are:

1 Lavey Foróige Club

Lavey Foróige Club realised that there was no provision of useful contact information, particularly for older people and new residents. The members produced an information sheet of services in the area and other useful phone numbers.

2 DIME Project

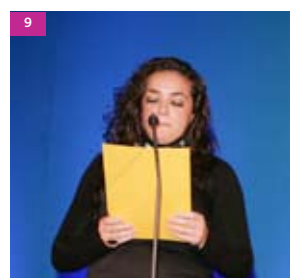
Members found that residents of the local flat complex often felt isolated due to the security in place. The DIME Project organised a community day for the residents that succeeded in bringing all the different groups together. Activities included, face painting, sports, bingo, juggling and a barbeque.

3 Lurgan Foróige Club

Outraged by the plight of the people in Kosovo, Lurgan Foróige Club sent a heifer to Kosovo to help the people return to a normal way of life. The members fundraised and sought sponsorship to transport the heifer, which was kindly donated by Kathleen and Ned Duffy.

4 Boher Foróige Club

Having interviewed all the local community organisations to get their views on development, the club focused on building a football pitch. They felt that this facility was badly needed in the area. This project involved levelling, landscaping and sowing as well as liaising with ESB to re route their lines and poles.



Katie Shanahan, Chairperson of Thurles Foróige Club, Thurles, Co. Tipperary

Do you think Foróige is a good thing?

"Interclub events are a great way to meet new people. You get to make new friends in new surroundings. There's a lot of pressure on young people between school and social life so its nice to have somewhere that you can go and just have fun, be with your friends and relax."



5 Coosan Foróige Club

The club decided to bring their Citizenship programme to Zambia. They focussed on the Peteuka region and found out what was needed there. They then travelled and spent three weeks working on various projects in the area. They organised resources such as computers, schoolbooks, tools etc. They raised 33,000 Euro for this project.

6 Mulhuddart Community Youth Project

Mulhuddart Community Youth Project ran a community party for children of every nationality in the area. They organised innovative activities and provided an arena for parents and children alike to make new friends.

7 Laragh Foróige Club

Realising that the true meaning of Christmas had been lost to materialism, Laragh Foróige Club engaged in a 'Christmas Alive' campaign in which they wrote and staged a modern depiction of the nativity, built a life size crib and donated non-perishable food hampers to St. Vincent de Paul.

8 Ardagh Foróige Club

Ardagh Foróige Club designed and built a web site about their local area. They collected information about all aspects of their community and all organisations in their area. They learned how to use the appropriate software from ex-members and then put together and launched their web site.

9 Killeevan Foróige Club

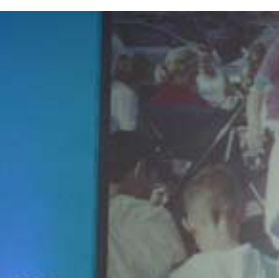
Killeevan Foróige club organised a summer sports day for people with special needs. They involved all the relevant organisations in the event, which included a variety of suitable sports and games, and the presentation of trophies for achievement.

10 Portlaw Foróige Club

Members conducted a comprehensive survey of elderly people living on their own in order to identify their needs. They identified safety as a key issue, particularly the need for alarm systems. The members responded by fundraising and purchasing smoke alarms for each house that did not have one.

Ballyshannon NYP Youth Samba and Dance Group

Pictured below bottom right, the Ballyshannon NYP Samba Group was the sole entertainment at the Citizenship Awards. The group showed absolute commitment and dedication in rehearsal and during their performance and it paid off as the crowd erupted in applause and cheers of admiration.



Steffan Ashe, Secretary of Montrath Foróige Club, Coolraine, Co. Laois

Do you think Foróige is a good thing?

"As a member of the reference panel I feel I have been elected to a position of power which allows me to make a difference. We're all able to see our ideas being developed at organisational level."



permanent tsb Foróige Youth Citizenship Programme

Largest corporate sponsorship of youth work in Ireland

Foróige has joined together with the dedicated team at **permanent tsb** to develop the **permanent tsb** Foróige Youth Citizenship Programme. The programme is an expansion of the Foróige Citizenship Programme, which has achieved huge success throughout the organisation since its conception in 1969. **permanent tsb** are committed to the development of local communities and recognise the important contribution of young people to this development.

The substantial sponsorship will facilitate the expansion of the citizenship programme to involve more young people, while maintaining the successful awareness, action, and evaluation structure. As well as financial support and the provision of volunteers as leaders in Foróige clubs and projects, **permanent tsb** will bring additional expertise to help promote the programme regionally and nationally. The partnership will result in more resources, more learning opportunities and more recognition for the young participants.

Denis Casey, Chief Executive, permanent tsb Bank said, "We're delighted to be involved with this programme which taps directly into the innate energy, vision and enthusiasm of young people. The sponsorship reflects an increased commitment on the part of **permanent tsb** to support local communities. We look forward to playing an active role through staff volunteering and other supports in fostering community values among young people and to contributing to the long-term benefits of communities in association with Foróige."

"We were amazed at being allowed to take control ourselves. It helped us to realise that our actions can help others. We were in charge, it was ours, we were given the steering wheel." **Sinead**



Orla Hayes, Chairperson of Ballyduff Upper Foróige Club, Co. Waterford

Do you think Foróige is a good thing?

"I joined Ballyduff Upper at the same time as all my friends so it gives us a chance to catch up outside of school. We can relax and forget about exams and stuff. We organise trips, like bowling, which is always fun and have interclub events, like discos."



permanent tsb Foróige Youth Citizenship Programme was launched on Thursday 18th January at permanent tsb headquarters in Dublin. Chloe Walsh and Pádraig Heavin, elected members of Foróige's National Council ensured the night ran smoothly in their roles as MCs.

Pádraig said, 'I joined Foróige so that I could do something good with my time. It's good to get involved in the community and show that young people can be mature and responsible. Often local groups call on us if they need help with an event or anything.'

Through the permanent tsb Foróige Youth Citizenship Programme, young people like Pádraig will be able to develop new skills and be active members of their communities, positively contributing to the world in which they live.

Billy Freeley, Chairman, Foróige said, "Young people flourish when challenged properly and when they have the benefit of guidance, support and leadership from caring adults. The Citizenship Programme offers the opportunity for young people to make a real difference and be proud of their achievements. The support from permanent tsb will enable us to develop this programme dramatically in the coming years and engage with many thousands of young people."

"It is nice to be praised when we do something good in our community as older people sometimes think that young people never do anything good." Noelle



Shane Briody, Chairperson of Castletara Foróige Club, Castletara, Co. Cavan

Do you think Foróige is a good thing?

"It felt great being selected for the reference panel because the whole area voted for me to voice their opinions. I'm better able to stand up and speak in front of people because now it's my responsibility."



Youth Health Cafés

2006 brought with it the expansion of Foróige services to meet the needs of young people in the 21st Century who really know what they want. By continuously listening to them we have been able to try to meet their needs more effectively. Foróige currently operates six Youth Health Cafés, including the Zone in Blanchardstown, EXIT in Tallaght, C.R.I.B in Sligo and LOFT (a partnership with Donegal Youth Service). Cootehill in Cavan and Mountain Park in Tallaght are the newest hosts to such youth oriented facilities.

Get what you ask for at Cootehill/ Ballybay Youth Health Café

Cootehill/Ballybay Youth Health Café, operated by Foróige and funded by the Dormant Accounts Fund, was established in December 2006 as a result of in-depth research, carried out by Marie Fitzpatrick (Foróige Youth Worker), into the needs of young people in the area. The young people felt that there was nothing for them to do other than hang around the street and that they needed a health service that was more adolescent friendly. This resulted in the proposal for a Café where the young people could spend time with their friends and access information in a fun and caring environment.

Project worker for the Health Café, Derval Cumiskey, has initiated various programmes consisting of activities designed to meet the interests, and educational and developmental needs of the young members in a health-oriented way. Derval says "Activities include games, music, art lessons, healthy eating workshops, 'cook-it' programmes, DVD evenings, guitar lessons, discussion groups and 'drop-in' nights, which are more like 'lock-in' nights because the young people don't want to leave." Project worker, Conor Devlin, has recently been appointed and, together with Derval, delivers an assortment of educational, sport and leisure activities.

This café is being developed in partnership with the Health Service Executive, North East Area.

Chill out in Style at Mountain Park

Area 24 Youth Health Café is housed in the newly refurbished Mountain Park building in Tallaght. The premise is also home to Tallaght Youth Information Centre and an Activity Room for groups from the area to meet. With these three resources under one roof Mountain Park is very close to the much sought after 'youth-dedicated facility.'

Providing all three services under one roof makes it easier for young people to access the services they need. Young people who visit the Café to meet with their friends, can also access the Youth Information Centre, which has extended its opening hours, and ask about employment rights for under 18s or surf the net for travel options to Europe and elsewhere. These are just two examples of the many questions that young people have, but are not always sure where to go to ask. In this relaxed atmosphere young people find it easier to ask for information, guidance and support on a one to one basis.

A facility like Mountain Park combines perfectly the chilled out approach that appeals to young people with lots of personal benefits, such as learning social interaction skills, taking civic and personal responsibility, accessing information on health and education, participating in creative and developmental activities, and dealing with challenging situations in a safe and secure environment.

The Mountain Park facility demonstrates how different services working together can achieve a well-rounded, positive impact on the lives of young people.

This facility is being developed in partnership with Co. Dublin VEC.



Brid Loobey, Chairperson of Ballyneety Foróige Club, Ballysheedy, Co. Limerick

Do you think Foróige is a good thing?

"I joined Foróige for something to do in the evenings but I've gotten so much from it. Its great fun. We have a meeting for about twenty minutes and then we play games and work on projects. The interclub events are cool too because you get to meet so many people from different areas and make new friends."



You're not alone - Support for Teenage Parents and Their Families

Teenage Parenting is an issue facing more and more young people in Ireland and is an issue that Foróige has been responding to. With this in mind, Foróige partners the Health Service Executive North Western Area in operating the Donegal Teen Parent Support Programme. The service is available to Teen Parents and their parents in Letterkenny, Inishowen and The Finn Valley. The Programme offers a wide range of services including, one-to-one support, personal development programmes, group outings and workshops and guest speakers on topics such as health and entitlements.

Tara Rowan, group facilitator in the Finn Valley Area, says, "Young people often feel isolated and are treated disrespectfully when they have children and this is completely wrong. Mothers and Fathers can come to the programme for all kinds of support and information. Lack of information and misinformation about entitlements are common problems for teen parents. One of our young mums didn't know she was entitled to a grant for maternity wear."

Sarah reflecting on her earlier days as a teen mum said, "Once you've had a child so young, with people staring at you, you are thinking then that you are less than you are. I found when I went back to school too I had nothing in common with anybody, whereas before I left they were my best friends. You're wanting to talk about babies, where they're all talking about going out. I felt very isolated."

Sarah was thrilled to find the Donegal Teen Parent's Support Programme. She explains, "All of us here are in the same boat. You make some great friends. If you're having any problems you can

ask for advice and you learn your rights as well." She was delighted to take up a secretarial and leaving certificate English studies recently. Tanya, another group member echoed the benefits of the programme. She says, "You just come and you talk to Tara and all your problems are gone. Nobody's judging you for what age you are or anything. The group has given me a boost. Doing the personal development through drama made me really think about what I wanted to achieve, and I've started college as a result."

Two members of the group, Eileen and Nuala have volunteered to be mentors to the other members. The project is working to develop a training course for mentors and will seek accreditation for it. Nuala got so much from the programme she has even set up her own childcare business. Nuala says, "Coming here has built up my confidence. Everybody sees me as Nuala, and not just as the mammy of two wains (children). Everybody sees me as a person."



Gemma Rodgers, Chairperson of Burtonport Foróige Club, Burtonport, Co. Donegal

Do you think Foróige is a good thing?

"Being in Foróige has made me think about what needs to be done in my community and gives you the opportunity to do something about it. Last weekend we went back packing to raise money to buy a defibrillator for our community."



Catching Up with Old Friends



Rosie O'Brien, past member of Corofin Foróige Club and Regional Youth Officer for Kilkenny and Wexford

I joined my local Foróige Club in Corofin in 1992. At this stage it was a family occasion with my two sisters involved and my mum, Patty volunteering as a leader. 16 years on I am the RYO for Kilkenny and Wexford.

Looking back on my time in the club I have to say I had a ball, I was secretary and chairperson, I got to go to officer training, district council meetings, attended regional conferences and even got elected onto the reference panel and national council. Our club did everything and anything; we made St. Brigid's Crosses annually, recycled plastic bags, planted trees, fundraised for a wheelchair, had stay awakes, entered the St. Patrick's Day Parade in Tuam. Then there was the interclub events, the discos, sports days, Achievements Day and the friends you made not only in your own club but from clubs across the county. One of the highlights of my time in Foróige was when our club won the Citizenship Award in 1995 for our project on the environment. I became a RYO in December 2003, a career move that wasn't really a strange one looking back now. I remember visiting the Galway Office as a member thinking Geraldine Doorley (RYO at the time) had a cool job. After finishing college I thought why not try getting a job with the organisation that I grew up in and luckily enough I did!



Damien McDonald, Chief Executive Officer, Macra na Feirme

I was a member of Crossabeg Foróige Club in Co. Wexford. I was always very involved in the club which meant I was always doing something in my community. It definitely gave me an interest in voluntary organisations and an appreciation for volunteers giving of their time and energy. You really learn the importance of those people in the community. Foróige was a great way to meet new people and I developed a lot of the skills I use in business today during my time in the club. I developed my communication and interpersonal skills as well as my organisational skills as we were always working towards some big event. I gained a lot of confidence when I was voted Foróige club person of the year which looked quite impressive on my CV too. None of it would have been possible though without the dedication of our great leaders Anne Kehoe and John Joe Sinnot.



Sinéad Ward, Past Member of Loughlynn Foróige Club and Volunteer at the C.R.I.B

When my friends and I joined our local Loughlynn Foróige Club I did not realise how much I would gain from it. Foróige proved me with so many opportunities; I was Club Chairperson and was lucky enough to be elected to the Reference Panel and National Council. I also got the opportunity to MC the Citizenship Awards and speak at the Foróige Leaders Jubilee Conference in 2002. I gained so much confidence and learned that we, as young people, could really make a difference and take action to improve our community. I'm now in my third year of Applied Social Studies and this is largely down to my involvement in Foróige. I gained invaluable skills and also developed real confidence in myself and my capabilities. I believe people can do great things and overcome the toughest of challenges once given the opportunity and Foróige, as an organisation, recognises this.

As part of my course I was obliged to partake in an eight month work placement and I completed mine in Foróige's C.R.I.B Youth Project and Health Café in Sligo. I really enjoyed this and gained a great insight into the other youth services Foróige provides. I still volunteer at the C.R.I.B and love every minute of it. Foróige was and is still so important to me. I learned so much from my involvement, made the best of friends and had the best craic. I would encourage everyone to get involved in Foróige because it's simply fantastic.

Shane (Ted) Lynott Chairperson of Lacken Foróige Club, Ballina, Co. Mayo

Do you think Foróige is a good thing?

The reference panel is a great idea. I've already made 20 new friends and got to spend a fun weekend taking about what's important to us. It's a great feeling to be listened to and to see your ideas taken on board and developed. We talked about gaining accreditation for the work we do in Foróige and this will allow us to show prospective employers the skills we've developed.



Neighbourhood Youth Projects

Dr. Pat Dolan, director of the Centre for Child and Family Research, NUIG has conducted research into Neighbourhood Youth Projects (NYPs), cojointly managed by Foróige and the Health Services Executive. The study, which commenced in 2002, took place in three NYPs in the west. Building on previous research Dr. Dolan undertook in-depth analysis of the needs of young people engaged in NYPs and the NYPs effectiveness in meeting those needs.

The research, which is now available as a Foróige resource, analyses the nature of the people targeted, their social and cultural backgrounds and the nature of the NYP service. The resource is an invaluable step towards progressing and growing an already successful model of adolescent and family support. Young people were very positive about their experience in NYPs.

"I would recommend the NYP camps to others because if they enjoyed it as much as I did, they'd have one hell of a time" Daniel, 15 yrs

"I have gained lots of stuff and lots of new friends" Biobelle, 11

According to Dr. Dolan, "My research demonstrated very clearly that projects are targeting young people in serious need of support. In addition, given that the mean attendance rate for those who use NYPs is just over two years, there is evidence that not alone are such young people being engaged successfully, but more importantly, their involvement in the project is maintained over time. Also, when one considers the profile of who attends Foróige

NYPs, it is noteworthy that one in five young people come from an ethnic minority. This intervention reflects the NYPs capacity to meet the needs of the changing demographic population in Ireland."

The research concluded that there is an association between being on the NYP programme and improvements in the young person's levels of support, mental wellbeing and ability to cope. NYPs are successful at targeting, engaging and improving the plight of very vulnerable young people who require help while still caring for all young people in the area. We'll leave the final words to some of the members:

"It cheers you up after a long day at school." Emma, 13

"I gained more confidence in my ability to speak out in a group and take charge" (Rachael, 16 yrs).

"Its class" Jamie, 11



Niamh Higgins, Chairperson of Corundulla Foróige Club, Claregalway, Co. Galway

Do you think Foróige is a good thing?

"The really good thing is that I have met loads of young people from different countries, which I wouldn't really have had the opportunity to do before joining the club. It has really made me aware of all the different countries and cultures there are. I have learnt how to socialise more. I am much more confident now. I am able to go up to people and introduce myself were as before I might have been too shy."



Youghal Youth Project's got the Y factor

Youghal Youth Project is one of the special projects operated by Foróige and aims to enable young people to develop themselves in their communities. Funded by the dormant accounts fund, the project has developed over the past number of years and for the past two years has run the Y Factor, a Youth Talent Show run for and by the young people of Youghal. The Walter Raleigh Hotel, the venue for the 2006 Y Factor final, was creatively decorated by three of the entrants in the arts segment of the competition, emphasising the big talent in Youghal.



Nicola Lucey, project worker with Youghal Youth Project, was highly involved in the event and has high hopes for the future of the Y Factor. According to Nicola, "Y factor was the perfect name for the event. The Y stands for 'Youth' and for 'Youghal' and it also means yes to the massive displays of talent exhibited by the youth of Youghal. The competition is loosely based on the X Factor but we would never imitate the Simon Cowell's of the world. We don't provide any harsh criticism to any of the auditionees but instead applaud them for having the courage and confidence to come in and perform in front of three adults. Everyone that takes part is rewarded in some way." 12 acts were chosen from 50+ performers to compete in the final. On the night the young people displayed their multitude of talents through song, dance, music, art and comedy.

Nicola explains, "The purpose of the Y factor is to encourage young people to develop themselves and become involved in the community both creatively and responsibly. It also aims to help the young people of Youghal develop confidence in themselves to stand up and make a difference. There are two elements to the competition, stage performance and creativity through art. All 12 contestants who took part in the stage performance wowed the 450 strong audience of young people and adults with their outstanding performances. However, we could only offer two performers the coveted Y Factor winner title. In the under 15s category, Helen Murray won with her performance of Sarah McLaughlin's 'Angel'. In the 15s and over category, an acoustic duet of Mel C and Bryan Adams hit 'Baby when you're gone' won the

judges approval for Muriel Foley and Vincent Collins. Both acts were awarded €240 each and the opportunity to record two songs with Claycastle Recording Studio."

The art competition was run in conjunction with the Y factor to recognise the talent of young people who are creative in ways other than performing live. The overall winner was 13 year old, Shauna Ní Dhuill, whose winning design was used to advertise the Y Factor grand final and will be used on the cover of the Y Factor DVD, which is out in April this year. All proceeds raised from the sale of the Y Factor DVD will go towards improving and developing youth activities in the town."

Denis O'Brien, Foróige area manager for the Southern Region said, "The Y Factor allowed project members to organise, with adults, an exciting event that brought the community together and allowed the young people to confidently display their talents."

Nicola is delighted with the success. "The Y Factor has proved to the community of Youghal that young people can actively get involved and bring about positive change when they are given a chance to do so. None of this would have been possible without all those who volunteered their time to help out with putting the show together and all the young people who got involved. There were just so many people who helped out and I think it really provided a good understanding of what community participation is all about."

Foróige in Pictures



Sarah Cleary and Ian Healy about to jump from a 16ft pole, with their lives depending on Shane Leniston, Graham Healy, Mark Quinn and Roland Omisore. All taking part in the team building exercises organised by Tallaght Youth Service in Killary Adventure Centre.



Laois District Council does its very own Project Catwalk with a twist. Foróige members in Laois designed and created outfits from scratch using recyclable material.



Members of STAY Project are over the moon as they celebrate the projects 10th Anniversary.



Young People in Blanchardstown set their trout free as part of the "Trout in the Classroom Programme" run by Blanchardstown Youth Service. They cared for the trout eggs until they hatched and then released them into the the River Tolka to live out their days.

Foróige in Pictures



Slaney Valley Foróige researched India as part of the Carlow Culture Programme. They researched customs, dress, food and language, gaining a great understanding of Indian culture.



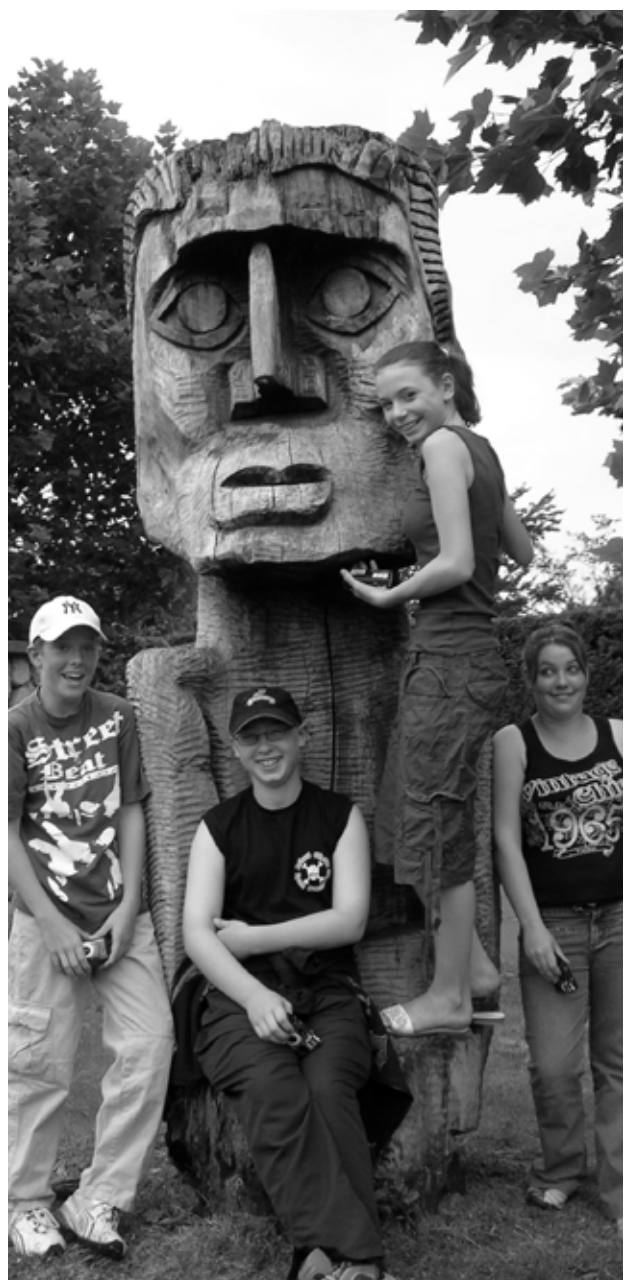
Donegal Youth Information Centres little mermaids make a splash at the Ballyshannon carnival.



The C.R.I.B. Youth Health Café hosts the Battle of the Bands 2006, where talented young musicians from three youth groups battle it out for the coveted title.



Too cold for Edwyn Rooney during the web projects trip to Carlingford Adventure Centre



Borris Foróige Club, Co. Carlow during a photo safari of their community last summer

Foróige in Pictures



East Coast Foróige smile with style during a well deserved break at the regional conference.



North Cork District Council is the most recently established district council in the country. Newly elected treasurer, Angie Doyle, chairperson, Betty Kiely, Secretary, Marianne Collins and PRO, Des O'Donovan celebrate this move forward for the region.



Meath District Council, joined by Regional Youth Officer, Joe-Anne O'Brien, put their heads together.



Someone looks hungry as Carrick-On-Suir's Young Men's Health Education group cook up a storm on their overnight camping trip to Inistioge, Co. Kilkenny.



DON'T LOOK DOWN! Members Of Loobagh Area Youth Project practice for their circus performance with the help of the Galway Circus Project.

Foróige in Pictures

Member & leaders of Ballymacward Foróige Club, Co. Galway raised over € 2000 for the Chernobyl Sunflowers Appeal by taking part in last years mini marathon.



Youth Officer for Blanchardstown, Billy Burke, leads a discussion group during the East Coast Regional Conference. Looks like one dedicated person has stopped posing long enough to get some work done.



Louise Cadwell Catholic Youth Care, Michael Barron BeLoNG To, the minister for Youth Affairs Mr. Sean Haughey T.D. and Ray Devlin Foróige, at the launch of 'Let's Beat Bullying' an anti-bullying resource for those working with young people in youth work settings produced by the National Youth Health Programme and the Child Protection Unit of the National Youth Council of Ireland.



Eosses Neighbourhood Youth Project Young Women's group prepare to set sail on Gartan Lough during their outdoor pursuits weekend.



North Cork District Council making a presentation to Betty Hennessy in recognition of her 21 years as a Foróige leader.



Young People and Mentors in the Big Brother Big Sister Programme receive a warm welcome during their visit to Leinster House.

Foróige Projects/services

PROJECTS/SERVICES

1. Mainline Core	Department of Education
2. Mainline North Dublin (Foróige Clubs)	Dublin Youth Services Board
3. Mainline Donegal (Foróige Clubs)	Co Donegal VEC
4. Mainline Waterford (Foróige Clubs)	Waterford City VEC
5. Ferrybank Youth Development Project, Waterford	Waterford City VEC
6. Tallaght Youth Service	Co Dublin VEC
7. Tallaght Youth Information Centre	Co Dublin VEC
8. Blanchardstown Youth Service	Co Dublin VEC
9. Blanchardstown Youth Information Centre	Co Dublin VEC
10. Peer Education Tallaght	Co Dublin VEC
11. Whitechurch Youth Development Project, Dublin	Co Dublin VEC
12. STAY Project St Aengus, Tallaght	Co Dublin VEC
13. Early School Leavers Blanchardstown	Co Dublin VEC
14. Peer Education Blanchardstown	Co Dublin VEC
15. Corduff Community Youth Project	Co Dublin VEC
16. Ballybane Youth Development Project, Galway	City of Galway VEC
17. Ballinbole Youth Development Project, Galway	City of Galway VEC
18. Knocknacarra Area Youth Project	City of Galway VEC
19. Beara Peninsula Youth Development Project, Cork	Co Cork VEC
20. SKY North Cork	Co Cork VEC
21. The Glen Youth Development Project, Cork	Cork City VEC
22. Mahon Youth Development Project, Cork	Cork City VEC
23. Castlebar Youth Information Centre	Co Mayo VEC
24. Youth in Action Project, Croom, Co Limerick	Co Limerick VEC
25. Carrigaline Youth Initiative	Co Limerick VEC
26. Loobagh Area Youth Project, Kilmallock, Co Limerick	Co Limerick VEC
27. Donegal Youth/Community Information and Development Programme	Co Donegal VEC
28. Gweedore Youth Development Project, Co Donegal	Co Donegal VEC
29. Nenagh Youth Development Project	North Tipperary VEC
30. Fethard Area Rural Youth Project	South Tipperary VEC
31. MADE Extension Project	EU Programme for Peace & Reconciliation
32. ABLE Project, Ballyfermot	Department of Justice & Garda Síochána
33. Ballincollig Youth Development Project	Department of Justice & Garda Síochána
34. Bán Project, Ballybane, Galway	Department of Justice & Garda Síochána
35. dán Project, Donore Avenue, Dublin	Department of Justice & Garda Síochána
36. GAP Project, Glen, Cork	Department of Justice & Garda Síochána
37. JAY Project, Jobstown	Department of Justice & Garda Síochána
38. KEY Project, Tallaght	Department of Justice & Garda Síochána
39. LEAP Project, Longford	Department of Justice & Garda Síochána
40. MAY Project, Mahon, Cork	Department of Justice & Garda Síochána
41. Monaghan Garda/Neighbourhood Youth Project	Department of Justice & Garda Síochána
42. BLOCK Project, Portlaoise	Department of Justice & Garda Síochána
43. Raphoe Garda Project, Donegal	Department of Justice & Garda Síochána
44. The WAY Project, Wicklow	Department of Justice & Garda Síochána
45. Bandon Garda Project, Co Cork	Department of Justice & Garda Síochána
46. The YEW Project, Whitechurch	Department of Justice & Garda Síochána
47. DIME Garda Project, Dublin	Department of Justice & Garda Síochána
48. The HAY Project, Dublin	Department of Justice & Garda Síochána
49. Birr Garda Youth Diversion Project	Department of Justice & Garda Síochána
50. Cavan Garda Youth Diversion Project	Department of Justice & Garda Síochána
51. Hartstown/Huntstown Garda Youth Diversion Project	Department of Justice & Garda Síochána
52. APT Garda Youth Diversion Project, St Aengus, Tallaght	Department of Justice & Garda Síochána
53. WEB Project, Blanchardstown	Dept of Justice & Garda Síochána (Local Drugs Task Force)
54. Tallaght Teenage Health Initiative	Eastern Regional Health Authority
55. Monaghan Neighbourhood Youth Project	Health Service Executive – North East Area
56. Teenage Health Initiative, Monaghan	Health Service Executive – North East Area
57. Teenage Health Initiative, Cavan	Health Service Executive – North East Area
58. Ballyshannon / Bundoran Neighbourhood Youth Project	Health Service Executive – North West Area
59. The Rosses Neighbourhood Youth Project, Dungloe	Health Service Executive – North West Area
60. South Leitrim NYP	Health Service Executive – North West Area

FUNDING AGENCIES

61. The CRIB Youth Project and Health Café	Health Service Executive – North West Area
62. Letterkenny Youth Project and Health Café	Health Service Executive – North West Area
63. Teen Parenting Support and Prevention Programme, Donegal	Health Service Executive – North West Area
64. Carrick-on-Suir Neighbourhood Project	Health Service Executive – South East Area
65. Tramore Youth Development Project	Health Service Executive – South East Area
66. West Limerick Youth Service	Health Service Executive – Mid West Area
67. Ballinbole Neighbourhood Youth Project, Galway	Health Service Executive – Western Area
68. Ballina Neighbourhood Youth Project	Health Service Executive – Western Area
69. Castlebar Neighbourhood Youth Project	Health Service Executive – Western Area
70. Castlereagh Adolescent Programme	Health Service Executive – Western Area
71. Teenage Health Project, Roscommon	Health Service Executive – Western Area
72. Teenage Health Project, Galway City	Health Service Executive – Western Area
73. Westport Neighbourhood Youth Project	Health Service Executive – Western Area
74. Boyle Neighbourhood Youth Project	Health Service Executive – Western Area
75. Athenry Adolescent Support Programme	Health Service Executive – Western Area
76. Springboard Mayo	Health Service Executive – Western Area
77. Ballinrobe Area Youth Project	Health Service Executive – Western Area
78. Killybegs Youth Project and Drop-in Centre	South West Donegal Community Partnership Ltd
79. Lough Gur Area Youth Project, Hospital, Co Limerick	Ballyhoura Development Ltd (Partnership) / Dept of Education
80. PESL Riversdale Blanchardstown	Young Peoples' Facilities & Services Fund / Dept of Rural, Community and Gaeltacht Affairs
81. Ballybane Adventure Programme, Galway	Young Peoples' Facilities & Services Fund / Dept of Rural, Community and Gaeltacht Affairs
82. Brookfield YPFSF Project, Tallaght	Young Peoples' Facilities & Services Fund / Dept of Rural, Community and Gaeltacht Affairs
83. Drugs Misuse Prevention Project	Young Peoples' Facilities & Services Fund / Dept of Rural, Community and Gaeltacht Affairs
84. Foróige Youth Circles	Young Peoples' Facilities & Services Fund / Dept of Rural, Community and Gaeltacht Affairs
85. Glen Young Adults Project, Cork	Young Peoples' Facilities & Services Fund / Dept of Rural, Community and Gaeltacht Affairs
86. Mulhuddart Community Youth Project	Young Peoples' Facilities & Services Fund / Dept of Rural, Community and Gaeltacht Affairs
87. Springfield YPFSF Project, Tallaght	Young Peoples' Facilities & Services Fund / Dept of Rural, Community and Gaeltacht Affairs
88. Whitechurch YPFSF Project, Tallaght	Young Peoples' Facilities & Services Fund / Dept of Rural, Community and Gaeltacht Affairs
89. Ferrybank Drugs Prevention Project, Waterford	Young Peoples' Facilities & Services Fund / Health Service Executive – South East Area
90. MCYP2	Mulhuddart Community Centre (YPFSF)
91. Huntstown Community Youth Project	Huntstown Community Centre (YPFSF)
92. Blakestown Community Youth Project	Blakestown Resource Centre (YPFSF)
93. Intel Computer Clubhouse	INTEL Foundation
94. Family Support WEB Programme, Blanchardstown	Local Drugs Task Force
95. Tallaght Drugs Education Initiative	Tallaght Drugs Task Force
96. Co Leitrim Youth Alcohol & Drug Education and Prevention Project*	North West Regional Drugs Task Force
97. Family Support STAY Programme, Tallaght*	STAY Project Committee
98. KEEP Project, Tallaght	KEEP Committee
99. Youghal Youth In Action Project	Dormant Accounts Fund
100. DIME Dormant Accounts Project	Dormant Accounts Fund
101. CRIB BBBS	Dormant Accounts Fund
102. Beara Youth Outreach Project	Dormant Accounts Fund
103. Tramore Dormant Accounts Project	Dormant Accounts Fund
104. YES Project, Portlaoise	Dormant Accounts Fund
105. Cootehill/Ballybay Youth Health Project	Dormant Accounts Fund
106. Carrigtwohill Area Youth Project	St Vincent de Paul
107. Regional Drug Education Co-ordinator (SWRDTF)	South Western Area Regional Drugs Task Force
108. Bandon Community Drugs Initiative*	Southern Regional Drugs Taskforce
109. Regional Education Support Worker (Drugs Misuse)	Western Region Drugs Task Force
110. West Waterford Neighbourhood Youth Project	Waterford Leader Partnership
111. BBBS National	Private Foundations and HSE Funding
112. Mountain Park Youth Health Café	Emerging Needs Fund of the National Drugs Strategy Team

* At set up stage

** Young Peoples' Facilities & Services Fund (Department of Rural, Community and Gaeltacht Affairs)

*** Health Service Executive

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CASTLEBAR YOUTH INFORMATION CENTRE

Newtown
Castlebar
Co Mayo
T: (094) 9028674
F: (094) 9027873

CASTLEREA NEIGHBOURHOOD YOUTH PROJECT

WRDTF Regional Education
Support Worker
Main Street
Castlereagh
Co Roscommon
T: (094) 9622952
F: (094) 9622949
E: caroline.cronin@foroige.ie

**CAVAN GARDA YOUTH
DIVERSION PROJECT**

Tullocmongon Comm Centre
Tullocmongon
Cavan Town
Co Cavan
T: 086-1735639

**COMMUNITY-BASED FAMILY
SUPPORT PROJECT, MAYO**

Mayo Primary, Community &
Continuing Care
HSE West
St Mary's HQ
Castlebar
Co Mayo
T: 094-9042512

**CORDUFF COMMUNITY YOUTH
PROJECT**

Corduff Scouts Den
Blackcourt Road
Blanchardstown
Dublin 15
T: 086 – 6054126
E: fcostello.cccp@foroige.ie

**CRIB YOUTH PROJECT AND
HEALTH CAFÉ**

Rockwood Parade
Sligo
T: 071-9146526
F: 071-9146528
E: eimear.oconnor@foroige.ie

dán PROJECT

Donore Avenue Youth and
Community Centre
Donore Avenue
Dublin 8
T: (01) 4735332
F: (01) 4735007
E: mmoynihán.dan@foroige.ie

DIME PROJECT

DIME DORMANT ACCOUNTS
PROJECT
45-46 Hardwicke St
Dublin 1
T/f: (01) 8874319
E: scarr.dime@foroige.ie
oheaney.dime@foroige.ie

DONEGAL

Donegal North West Youth /
Community Information &
Development Programme
Donegal Youth Information Centre
Upper Main St
Donegal Town
Co Donegal
T: (074) 9723029
F: (074) 9723050
E: bernie.mcteaigue@foroige.ie

**DRUGS MISUSE PREVENTION
PROJECT**

Foróige Head Office

**FERRYBANK YOUTH
DEVELOPMENT PROJECT
FERRYBANK DRUGS PREVENTION
PROJECT**

Ferrybank Community Centre
Ross Road
Waterford
T: (051) 833883
E: krice.fydp@foroige.ie
E: rahern.fdp@foroige.ie

FETHARD YOUTH PROJECT

Tirry Community Centre
Barrack Street
Fethard
Co Tipperary
T: 086-2485977

FORÓIGE CIRCLES (GALWAY)

Health Advice Café
14 Francis Street
Galway
T: 091-535373
F: 091-534475

**GAP PROJECT
GLEN YOUNG ADULTS PROJECT
GLEN YOUTH DEVELOPMENT
PROJECT**

19 Comeragh Park
The Glen
Cork
T: 021-4506495
F: 021- 4553145
E: cjeffers.gap@foroige.ie
E: joan.nolan@foroige.ie
E: lynda.garrett@foroige.ie

HAY JUSTICE PROJECT

15 St Agatha's Hall
Dunne Street
Dublin 1
T: 01-8554024

**HUNTSTOWN COMMUNITY
YOUTH PROJECT
HARTSTOWN/HUNTSTOWN
GARDA YOUTH DIVERSION
PROJECT**

**BIG BROTHER BIG
SISTER PROGRAMME
BLANCHARDSTOWN**
Huntstown Community
Centre
Huntstown Way
Blanchardstown
Dublin 15
HCYP T: 01-8238716
jkonwumereh@foroige.ie
HGYDP T: 01- 8238716
loconor.hcyp@foroige.ie
BBBS T: 01-8235293
E: clodagh.rogers@foroige.ie

JAY PROJECT

18 Kiltalown Way
Jobstown
Dublin 24
T: 01- 4148118
mlalor.tys@foroige.ie

**KILLYBEGS YOUTH PROJECT AND
CROP-IN CENTRE**

DONEGAL DAF PROJECT
Unit 2, Carpet Factory Centre
Killybegs
Co Donegal
T: 074-9732793
E: ugavigan@foroige.ie
declan.barr@foroige.ie

**KNOCKNACARRA YOUTH
DEVELOPMENT PROJECT**

Community Rooms
Joyces Supermarket
Knocknacarra
Co Galway
T: (091) 580900
E: grainne.hoey@foroige.ie

LEAP PROJECT

Earl Street
Longford
Co Longford
T/f: (063) 42515

**LETTERKENNY YOUTH PROJECT
AND HEALTH CAFÉ**

c/o The Loft
16, Port Road
Letterkenny
Co Donegal
T: 074-9188271
E: deborah.mcmullin@foroige.ie
tracy.friel@foroige.ie

LOOBAGH AREA YOUTH PROJECT

Teleservices Centre
Railway Road
Killmallock
Co Limerick
T: (063) 98877
F: (063) 20002

LOUGH GUR PROJECT

c/o 6, Rocksprings Gardens
Ennis Road
Limerick
T: 087-9151435

**MAHON YOUTH DEVELOPMENT
PROJECT**

MAY PROJECT
c/o Mahon Community
Development Project
Unit 7
Avenue de Rennes
Mahon
Cork
T: (021) 4350875 / (021) 4350872
declan.cassidy@foroige.ie
clifford.may@foroige.ie

**MONAGHAN NEIGHBOURHOOD
YOUTH PROJECT**

**MONAGHAN JUSTICE PROJECT
TEENAGE HEALTH INITIATIVE
MONAGHAN**
Ardroe House
Glen Road
Monaghan
T: (047) 71663
F: (047) 72709
rena.mccann@foroige.ie

MADE EXTENSION PROJECT

33 Park Street
Monaghan
T/f: 047 – 72734
helen.oneill@foroige.ie

MADE EXTENSION PROJECT

15 Abbey Street
Armagh
BT61 7DX
Northern Ireland
T: 048 – 37510122
F: 048 – 37518901

**MOUNTAIN PARK YOUTH
HEALTH CAFÉ**

Old Bawn Road
Tallaght
Dublin 24
T: 01-4632070 F: 01-
4049718

**MULHUDDART COMMUNITY
YOUTH PROJECT
MULHUDDART MCYP2**

Mulhuddart Community Centre
Mulhuddart
Dublin 15
T: (01) 8215120
kgorman.mcyp@foroige.ie

**NENAGH YOUTH DEVELOPMENT
PROJECT**

c/o Nenagh Community Network
The Town Hall
Banba Square
Nenagh
Co Tipperary
067-34900
F: 067-34088
E: brid.bradshaw@foroige.ie

RAPHOE GARDA PROJECT

Meeting House Street
The Diamond
Raphoe
Co Donegal
T: (074) 9173922
nplunkett@foroige.ie

**ROSSSES NEIGHBOURHOOD
YOUTH PROJECT**

The Old School House
Quay Road
Dungloe
Co Donegal
T: (074) 9561931
F: (074) 9561865
cmullan@foroige.ie

SKY PROJECT

c/o Ballyhoura Development Ltd
Main Street
Charleville
Co Cork
T: (063) 21008
jane.russell@foroige.ie

SOUTH LEITRIM NYP

Hilldrum House
Leitrim Road
Carrick-on-Shannon
Co Leitrim
T: (071) 9620555
F: (071) 9622003
tanya.mcdermott@foroige.ie
denise.casey@foroige.ie

ST AENGUS STAY PROJECT

Scoil Iosa
Tymon North
Tallaght
Dublin 24
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mmoran.stay@foroige.ie

SWRDTF Regional Drugs Education

Co-ordinator
Foróige Head Office
T: (01) 6301560
E: aine.okeeffe@foroige.ie

TALLAGHT

**Tallaght Youth Service
Tallaght Youth Information Centre
Brookfield YPFSF Project
Brookfield ESL Project
Drugs Education Initiative
Family Support STAY Programme
KEY Project
Peer Education Project
Peer Drugs Education Project
Springfield YPFSF Project
Big Brother Big Sister Programme
Tallaght
Teenage Health Initiative**
Main Road
Tallaght
Dublin 24
T: (01) 451 6322
F: (01) 451 6949
E: info.tys@foroige.ie

**TEEN PARENTING SUPPORT AND
PREVENTION PROGRAMME, CO.**

DONEGAL
c/o The Loft
16, Port Road
Letterkenny
Co Donegal
T: 074-9188271
E: michelle.maguire@foroige.ie

**TEEN PARENTING SUPPORT AND
PREVENTION PROGRAMME, CO**

DONEGAL
C/o Dergfinn Partnership Ltd
Glenfinn Street
Ballybofey
Co. Donegal
Tel:074-9130424

TEENAGE HEALTH INITIATIVE

CAVAN
c/o Whitestar Complex
Main Street
Cootehill
Co Cavan
T: 049-5556606
E: cclerkin@foroige.ie

**TEENAGE HEALTH INITIATIVE,
GALWAY**

Health Advice Café
14 Francis Street
Galway
T: (091) 535376
F: (091) 534475
E: marie.hehir@foroige.ie

**TEENAGE HEALTH INITIATIVE,
ROSCOMMON**

C/o Castlereagh NYP
Main Street
Castlereagh
Co Roscommon
T: (094) 9622952 Fax (094)
9622949

**TRAMORE YOUTH
DEVELOPMENT PROJECT**

Main Street
Tramore
Co Waterford
T: 086-8338970
joanne.ftizgerald@foroige.ie

**WEB PROJECT,
BLANCHARDSTOWN
FAMILY SUPPORT, WEB**

Buzzardstown House
Mulhuddart
Dublin 15
T: (01) 822 6163
F: (01) 821 0496
sward.web@foroige.ie
hegan.web@foroige.ie (family
support)

WEST LIMERICK YOUTH SERVICE

West Limerick Resources
St Mary's Road
Newcastle West
Co Limerick
T: (069) 62222
F: 069-61870
E: gearoid.prendergast@foroige.ie

**WEST WATERFORD
NEIGHBOURHOOD YOUTH PROJECT**

c/o Waterford Leader Partnership
Lismore Bus. Park
Lismore
Co Waterford
T: 086-7996265
E: nessa.harnett@foroige.ie

**WESTPORT NEIGHBOURHOOD
YOUTH PROJECT**

St Anne's Boxing Club
James Street Carpark
James Street
Westport
Co Mayo
T: (098) 29218
F: (098) 29217
linda.lohan@foroige.ie
sheila.feeney@foroige.ie

**WHITECHURCH YOUTH
DEVELOPMENT PROJECT
WHITECHURCH YPFSF PROJECT
YEW PROJECT**

Youth Project Room
Scoil Mhuire
Ballyboden
Dublin 16
T/f: (01) 493 5555
F: (01) 4954694
sdoyle.wydp@foroige.ie
rbyrne.yew@foroige.ie

WAY PROJECT

'Hillview'
Morton's Lane
Wicklow Town
T/f: 0404 – 64782 / 64783
npurcell.way@foroige.ie

YES Project

c/o The BLOCK Project
3 Church Street
Portlaoise
Co Laois
T/f: 0502-61934
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Youghal Youth Project

28 North Main Street
Youghal
Co Cork
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**YOUTH IN ACTION PROJECT,
CROOM**
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8 Bridge St
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